# **SPRING/SUMMER MENU 2024**

# Week 1

#### MONDAY

Home-made large slice margherita pizza (v) served with fresh seasonal salad or vegetables

Vegetable ravioli (v) served with crusty bread and golden sweetcorn or fresh seasonal salad

Cooks choice jacket potato served with fresh seasonal salad and vegetable selection

Fresh bread

Sweetcorn and unlimited seasonal salad and vegetable selection

Fresh seasonal fruit platter

Fruit cordial, fresh juice or water

#### TUESDAY

Baked pork sausages with gravy

served with mashed potatoes and garden peas

Quorn sausages with gravy (v) served with mashed potatoes and garden peas

Wholemeal egg sandwich thin

served with vegetable sticks and fresh seasonal salad and vegetable selection

Fresh bread

Garden peas and unlimited seasonal salad and vegetable selection

Home-made oat cookie and orange wedge or fruit yogurt or fresh seasonal fruit

Fruit cordial, fresh juice or water

# WEDNESDAY

Traditional roast chicken in gravy

served with crispy roast potatoes and carrots

Quorn fillet in gravy(v) served with crispy roast potatoes and carrots

Ham wrap

served with vegetable sticks and fresh seasonal salad and vegetables

Fresh bread

Carrots and unlimited salad selection

Raspberry ripple Ice cream roll and fruit wedge or fruit yogurt or fresh seasonal fruit

Water

# **THURSDAY**

Red tractor gammon served with oven baked rosti and baked beans

Cheese flan (v) served with oven baked rosti and baked beans or fresh seasonal salad

Wholemeal egg sandwich(v) and vegetable sticks served with fresh seasonal salad

Fresh bread

Baked beans and unlimited salad and vegetable selection

Home-made iced sponge

Fruit cordial, juice or water

# FRIDAY

MSC Golden fish fingers served with chips, ketchup and mixed vegetables

Baked fishless fingers(v) served with chips, ketchup and mixed vegetables

Cheese wrap (v) with vegetable sticks served with fresh seasonal salad and vegetable

Fresh bread

selection

Mixed vegetables and unlimited salad and vegetable selection

Creamy chocolate mousse or strawberry mousse

Water

Eat seasonal foods













DATES: 22/04/24,13/05/24, 10/06/24, 01/07/24, 02/09/24, 23/09/24, 14/10/24



KEY: O Plant Based Option Vegetarian





Standard Menu

# **SPRING/SUMMER MENU 2024**

# Week 2

#### MONDAY

Home-made large slice (V) sweetcorn and pepper pizza

served with baked beans

Cooks choice jacket potato with seasonal vegetables and fresh salad

Wholemeal tuna sandwich served with vegetable sticks

and fresh seasonal salad and vegetable selection

Baked beans and unlimited seasonal salad and vegetable selection

Fresh fruit platter

Fruit cordial. fresh juice or water

#### TUESDAY

Home-made meat pie/vegetarian mince pie served with mashed potatoes, carrots and gravy

Crustless quiche (V) served with mashed potato and seasonal fresh salad and vegetables selection

Cheese wrap (V) with vegetable sticks served with fresh seasonal salad and vegetable selection

Mashed potato

Sliced carrots and unlimited seasonal salad and vegetable selection

Ice cream tub, fruit yogurt or seasonal fresh fruit

Fruit cordial, fresh juice or water

#### WEDNESDAY

Home made lightly spicy chicken biryani/Quorn biryani

served with fresh seasonal salad and vegetable selection

Vegan sausage roll (V) with gravy served with salad potatoes and sweetcorn

Wholemeal egg thin (V) with vegetable sticks served with fresh seasonal salad and vegetable selection

Sweetcorn and unlimited seasonal salad and vegetable selection

Home-made chocolate shortbread with fruit wedge or fruit yoghurt or fresh fruit

Water

#### THURSDAY

BBQ chicken fillet on a brioche bun

served with oven baked wedges and fresh seasonal salad and vegetable selection

Plant based meatballs in gravy Served with rice and garden peas

Wholemeal ham sandwich with vegetable sticks served with fresh seasonal salad and vegetable selection

Oven baked potato wedges

Garden peas and unlimited salad and vegetable selection

> Decorated jelly or fruit yoghurt or fresh fruit

Fruit cordial, juice or water

# FRIDAY

MSC Battered fish fillet served with chips, baked beans and tomato ketchup

Plant based chicken and sweetcorn wrap

served with chips and fresh seasonal salad or vegetable selection

Cheese sandwich (V) with vegetable sticks served with fresh seasonal salad and vegetable selection

Tomato ketchup Chipped potatoes Baked beans and unlimited salad and vegetable selection

> Apple muffin or fruit yoghurt or fresh fruit

> > Water

Eat seasonal foods













DATES: 29/04/24, 20/05/24, 17/06/24, 08/07/24, 09/09/24. 30/09/24

KEY: O Plant Based Option Vegetarian





Standard Menu

# MONDAY

Home-made cheese whirl(V) served with oven baked wedges and sweetcorn

Tomato pasta (V) served with fresh seasonal salad and vegetable selection

#### Ham wrap

with vegetable sticks served with fresh seasonal salad and vegetable selection

Sweetcorn and unlimited seasonal salad and vegetable selection

Fresh fruit platter

Fruit cordial, fresh juice or water

# TUESDAY

Home made pork sausage roll/ vegan sausage roll served with chips and baked beans

> Home made cheese omelette roll (V)

served with chips and seasonal salad and vegetable selection

Wholemeal egg thin (V)

with vegetable sticks served with fresh seasonal salad and vegetable selection

Chipped potatoes

Baked beans and unlimited salad selection

Frozen yoghurt or fruit yoghurt or fresh fruit

Fruit cordial, juice or water

# WEDNESDAY

Juicy pork meatballs in gravy served with 50/50 rice and sweetcorn

Plant based meatballs in gravy served with 50/50 rice and sweetcorn

Cheese wrap(V)

with vegetable sticks served with fresh seasonal salad and vegetable selection

Unlimited seasonal salad and vegetable selection

Home made lemon shortbread with fruit wedge, fruit yoghurt or fresh fruit

Water

# **THURSDAY**

Creamy butter chicken or Quorn (V)

served with rice, naan bread and fresh seasonal salad and vegetable selection

Quorn burger in gravy (V) served with garlic crushed potatoes and carrots

Wholemeal tuna sandwich with vegetable sticks served with fresh seasonal salad and vegetable selection

Garlic crushed potatoes Carrots and unlimited salad selection

Jammy dodger with fruit wedge, fruit yoghurt or fresh fruit

Fruit cordial, juice, milk or water

# FRIDAY

MSC Bubble crumb salmon or MSC Golden fish fingers served with mashed potatoes, garden peas and tomato ketchup

Mac and cheese(V) served with fresh seasonal salad and vegetable selection

Plant based chicken garlic mayo wrap 🚱 served with fresh seasonal salad and vegetable selection

Mashed potatoes Peas and unlimited seasonal salad and vegetable selection

Chocolate blueberry muffin or fruit yoghurt or fresh fruit Water

Eat seasonal foods















